



Calm in the Chaos

Welcome to the first edition of Calm in the Chaos



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I plan to share a new edition each month as a way of reflecting, connecting, and offering a more rounded view of love, life, and the "business as usual" and how, from my perspective, they can all work beautifully together.

Work Wins: The Kick I needed

One of my biggest highlights of this year so far, has been leading the external audit. Deep down, I knew I could do it, but the real challenge was convincing everyone else. There were plenty of doubters, and I found myself slowly trying to dismantle the "just an EA" mindset.

Acting as an audit lead meant coordinating across multiple stakeholders, managing deadlines, and keeping up momentum, even when third-party suppliers did not make things easy. Despite those hurdles, the process I implemented kept us mostly on track through constant communication and incredible teamwork. It was demanding, but deeply rewarding, and it reinforced just how much I enjoy bringing structure, calm, and clarity to complex pieces of work.

The Outcome.....A Newfound Confidence

I have always been confident in my abilities as an EA and have consistently looked to stretch boundaries and support the business wherever possible. However, taking on the external audit was a big change, breaking through the barriers that have built up around my job title and how my role was perceived. It gave me the opportunity to prove to myself, (and others) that I am more than an expectation I am an exception, which was just the push I needed.

During the process, I asked departments to walk me through things when I needed clarity, and I was not afraid to flag things that did not seem quite right or if it looked like deadlines were not going to be met. In response, the teams really rallied together, and all the feedback on this new approach has been incredibly positive, I am lucky that the departments embraced the change and supported what I was trying to do.

This experience encouraged me to step beyond the comfort of my formal role and showcase my abilities to the wider firm. It also strengthened my confidence to speak up and challenge issues even when they sat outside my official remit.

Of course, there will always be room for tweaks, there always is, continuous improvement is always my goal, but I no longer have any doubt that I can bring massive value not just to my Executive and immediate team, but to the wider business.

What is this all about?

This newsletter is not about self-promotion; it is about sharing progress, lessons learned, and the human side of work. It is about exploring how our home lives and professional lives can actually strengthen and support each other.

If anything here resonates with you, or if there is a specific topic you would like me to dive into for future editions, I would love to hear from you in the comments!